

## **The Recipe for a Short Life**

**As the conversation goes.**

1. I can eat anything. I have a 'cast-iron stomach'.
2. I don't need to exercise. No time for that.
3. Stand up tall? What kind of baloney is that?
4. I don't need sleep. Sleep is for losers.
5. I don't have the wrong attitude. You have the wrong attitude. What's wrong with a few pick-me-ups and a little smoke?

### **Time Line of Life**

Definitely not 115 years, nor with a good body and a good brain.

Probably somewhere in the late 60s, or 70s, maybe the early 80s if very lucky.

Clearly never going to make it to the 90s or beyond.

Oh, oh, oh. You'er not here for a long time but, a good time you say?

Maybe you should pay for your own health care then eh?

We'll do the best we can to make you comfortable in your last days.

What kind of flowers would you like?

Do you have any special friends you would like to have around?

Any special resting place you'd like to be put?

We will be nice to you in your last days.

Best get it all organised now eh.

### **Epilogue**

This is one of the people that make the average human lifespan placed into the 80s.