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Wellness RISK Management

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What is the WELLNESS WALL?

The Wellness Wall is an invisible wall that a lot of people cannot get past. If you think of a marathon runner running a race, at some point in time they hit a physiological wall. Using that analogy the Wellness Wall is where people know what to do to be more well but, just **don't do it**. Other people don't know what to do to be more well so, obviously don't do anything. Breaking through that wall for the workforce in Guelph is what **WRM** provides.

A lot of people **don't know** what they don't know about Wellness and, a lot of people **don't do** what they do know.

We are here to correct that.

It is because Wellness is a complex multidimensional topic with multidimensional nuances, that

individual help is necessary.

At **Wellness RISK Management** we leverage the healing power of

HUMAN CONNECTION.

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