

2 of 5 Building **WRM**
Making Wellness a Priority
Wellness RISK Management
<https://WellnessRISKManagement.com>
info@WellnessRISKManagement.com

Page 1 of 1

By Dr. Victor Jean Ouellette, DC, MS

Wellness RISK Management has taken on the task to improve the workforce in Guelph companies while at the same time **not** ignoring the out-of-work population.

Dr. Ouellette recognized early in his chiropractic practice that there was a need to repeatedly connect with patients on home activities given to them to tweak health and Wellness issues and help them heal quickly. That recognition developed into the science end of **Wellness RISK Management**. Wellness transcends the chiropractic profession and all other health care professions. Science provides leadership for what people could do for themselves at home. It was also recognized that people who did not comply with the science on Wellness were at **RISK** to sickness, injury, disease and disability. Countering this **RISK** seemed quite important so, protocols were set up to build a new Wellness model to **Manage Wellness RISK**.

A **Wellness Measurement Program** was drafted and a **Tutorial Workshop Program** was constructed to address the ongoing connection need that people have with regard to **Self-Help** Wellness strategies. That connection needed to be focussed and human in nature.

Both working people, and non-working people, can enrol with **Wellness RISK Management**.

Our focus will be to inaugurate the working class of people first because businesses, and governments, have a vested interest in a strong healthy workforce. They need to be part of the Wellness Team as does the individual worker.

[Link to Document 3 of 5](#)