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Wellness in the Workforce
with the **Wellness Risk Management Model**

Flyer, Poster No. 6

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Wellness

There are two parts to Wellness in the workforce that are important and linked together because a company is a team of workers designed to function for the benefit of all.

Part 1. A company's management team needs to endorse workforce Wellness as a **PRIORITY**.

Part 2. A worker needs to be willing to devote time and effort to **THEMSELVES** to improve their personal Wellness.

The Wellness Risk Management **Follow the Science PILOT Program** is designed to assess interest in both those parts.

I am offering my services free of charge to the company to establish an initial Director of Wellness program to measure workers for multi dimensional Wellness on an individual anonymous basis, and then set up a workshop program to help the worker focus on the immediate priority Wellness needs identified by the measurement program.

The **Pilot Program Workshop Goal** is to help the client comply with Wellness science. That process will go a long way to helping the worker build **Chronic Disease Prevention Strategies**.

Wellness transcends all healthcare professions in a multidimensional fashion where science offers the lead toward what should, and should not, be done by way of outward behaviours and mental behaviours. The initial task is helping to get people motivated on the roadway to Optimal Health Secrets. That is where the company comes into play to notify workers that Wellness will now be a priority and that anyone can enrol in the Wellness Risk Management Research PILOT Project on a volunteer anonymous basis.

Wellness Risk Management does not recommend that a company badger workers on this point. Effective notification is what WRM recommends. Not everyone will want to help themselves. Some may just be slow to come around to the realisation that Wellness is their own responsibility. Wellness Risk Management will be ready when they are.

Making Wellness A Priority