

Some Community Things We Need to Prepare for Pandemics

We see the integration. We are reading between the lines.

There is something you can do now for yourself.

So, we are on the fence on disclosing authorship because of safety reasons.

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Now on the lighter side and the heavier side, whichever your proclivity comes from. We will start at the easier end then end on the speculative end. Ok, you don't agree with the negative ends. We hear that. We are just saying the human race community life is going to change. We see we need a more comprehensive response than a simple pandemic plan. This ten point list below is not a comprehensive list. It is a starter list. We know many of these are already being done.

1. Grow our own food as a country.
2. Keep our food costs low. That means the costs to produce food needs to be low.
3. Produce our own Personal Protective Equipment (PPE).
4. Keep PPE costs low.
5. Produce our own hospital equipment - Ventilators right now and Vent Multiplexors.
6. Produce our own additional hospital equipment.
7. Capture those people selling our PPEs and equipment to other countries.
8. Pay our Long Term Care Facility Workers a living wage.
9. Plan effectively for the next pandemic and the coming war, probably an information war.
10. We demand that large companies drastically lower payments, salaries, stock options etc. to their CEOs and upper management, if they wish government money for pandemic support. This behaviour of paying CEOs obscene salaries (total remuneration) has to end.

The Take-A-Way: There is something you can do for yourself.

How do we protect ourselves?

11. **Seems like this prepares us** for a future global BioWar using infectious agents. Are we ready? Lesson Learned: We need a faster response time, obviously. Political response time is a complete unknown with obviously poor quality politicians in many countries in decision making roles. Countries lie in their best interest. They think that is ok and normal. We need our armies paying close attention to this concept and we need them prepared. Number 12 below comes from a fun fictional web site. But then.....
12. Likely we will be the first ones saying this.
 - a. When the [ImmortalityDate](#) becomes IMMANENT, if it is not already immanent, then we need a well thought out plan to protect the GENETIC POOL of the entire human race. We cannot control the whole world but, we can control Canada. We see from this COVID-19 who the vulnerable really are. Thus, we see the stratification of the new 'future warriors'.

There is something you can do now, for yourself.

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- b. What we can do for ourselves, at this present time are two fold.
 - i. **One, get well and stay well.** Get measured for Wellness Risk. Go first to <https://WellnessRiskManagement.com> and get on the Research Program list. Get on this Wellness Risk Management Workshop plan now. Plan for yourself now. People will need help with Wellness Risk by a Wellness Aid.
 - ii. **Two, begin thinking about a plan** to protect your personal genetic pool. That is going to require a more complex community response for sure. You are going to need help. We really don't know how this will unfold, but it will probably start with protecting the science. Not sure on that as scientists already think they and their knowledge are protected. Not really true though is it,,, yet. Not sure yet how to do this either. The future will tell. We need a collaborative effort on this point, on an early warning system to deliver the science to everyone instead of burying it.

Were does our fear come from?

We are saying that everyone has their own best interest at heart but, the wealthy have the advantage that they have the money to buy their way toward their opinions. That leaves them with an unfair advantage over the poor and middle class. Lets not repeat history.

1. The **very wealthy** have great control in the world.
2. The **nut-balls** in every society who are the unknown, uncontrollable and uncaring. We do know about this, and it is real. Some nut-balls are tied into religions, some are not.
3. **Politicians** will be working in their best personal interests. Yes, that will never change OK we get that.

From the web sites mentioned above we see that the way is to **Make Wellness a Priority.**

- Putting all the above aside, there still is something you can do for yourself right now. Get well and stay well. Need help? Need a plan? Need to know how to start? Need it to be inexpensive? Need it to be realistic? Need a Wellness Action Plan? Will you need a Wellness Aid/Instructor to help you comply with Wellness science?
- That is all taken care of at **WellnessRiskManagement**. We see that if you don't make an effort to take care of yourself then you might find no one else willing to take care of you either. It is simply human nature and a very difficult thing to counter.
- Okay, if the ominous predictions do not pan out, (we hope they do not), what have you lost? Well, nothing as you will be getting more well, more confident, more happy, and more stable. That's all good. Right?