

Transcribed March 23, 2020 by

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Severe Acute Respiratory Syndrome (SARS) How to understand it all. From MedCram.com.

Video #1 Watch first <https://www.youtube.com/watch?v=U7F1cnWup9M&feature=youtu.be>
About 17.5 minutes. Very good description of the whole issue.

Video #2 Watch Second https://www.youtube.com/watch?v=dT6mHi_8V5E 16.5 minutes.

Video #3 https://www.youtube.com/watch?v=hPz5KxgI_K4 6 minutes

Video #4 <https://www.youtube.com/watch?v=q4P91VrfPGw> 18.5 minutes March 23, 2020

Chloroquine phosphate - Anti malarial medication can be used to treat COVID-19.

Lopinavir 400 mg and Ritonavir 100 mg (which is Kaletra) (HIV medications), Two tablets twice a day or Chloroquine 500 mg once a day (or twice a day as is used in China)

Do not use these two together as they interact with each other to lengthen the QT interval in myocardium (heart). However, this Kaletra has not been effective for the elderly.

This Chloroquine treatment lasts 7-10 days. 500 mg of Chloroquine phosphate twice per day.

But no randomised trials as yet. But China has some data. So, we need Placebo controlled, peer-reviewed, double blinded studies.

Statistics USA February 12 to March 16, 2020

Released March 18, 2020 CDC COVID-19 Response Team Morbidity and Mortality Report

Fatality highest in people greater than 85 years of age

- ≥ 85 = 10% - 27%
- 65 - 84 = 3% - 11%
- 55 - 64 = 1% - 3%
- 20 - 54 = <1%
- ≤ 19 = No fatalities

If you look at Video # 2 above now at about the 7 and a half minute mark (the MedCram.com video), he discusses NSAID's. If you have read my book *Dr. Ouellette's Pain Relief Diet Manual* (2002) on pages 11 and 12, I go into some metabolic pathway chemistry on this Prostaglandin issue. It is on pages 16 and 17 on the second edition I published in 2014 *Dr. Ouellette's Anti-Inflammatory Pain Relief Diet, Second Edition*. The second edition **does not** provide anything new beyond the First Edition, however, it provides an eVersion for \$9.95 USD. The take away is that this biochemistry has been known for a long time. The talk about NSAID's in the video is quite old news, but a lot of people do not know about it.