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LIA Lifestyle Instruction Aid

abcd8. Optimal Attitude
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Cool, Calm, Collected, even tempered, happy, and concerned about fellow community members.

Attitude is one of the triumvirate factors establishing each human's station in life. For more information see Article # 13 The Three Edged Sword and article # 14 Understanding life as a Three Edged Sword

Attitudes can be changed. You just have to know they can and then have a few tools to make the changes.

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