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LIA Lifestyle Instruction Aid

abcd3. Four Primary Ways to Foster Closeness

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Modified March 6, 2008

Some data from the Hamilton Spectator

1. Talking:

Communication can get you there. You just have to do it.
Say how you feel.

2. Sharing:

Share a project or good time.
You may have to plan something here.

3. Affection:

Everyone likes it. Everyone should give it.
Problem is, you may be afraid of the signal it sends.

4. Sex:

Need I say more. Just make sure it is good sex.
Ooooh what a can of worms that is.

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