

OptimalHealthSecrets.Com
LIA Lifestyle Instruction Aid

abcd20. Happiness is
Compiled by Dr. Victor Jean Ouellette
Modified March 6, 2008

Nathaniel Hawthorne

Happiness is as a butterfly,
which, when pursued,
is always just beyond your grasp,
but which, if you will sit down quietly, may alight upon you.

Copyright, Nathaniel Hawthorne, All Rights Reserved